

# ALLERGENES / ALLERGENS

**FR :** Les informations allergènes ont été établies à partir des données communiquées par nos fournisseurs référencés, nous ne pouvons pas exclure une présence d'autres allergènes (traces) susceptibles d'apparaître lors de la fabrication ou de la manipulation des produits. Certains de nos produits peuvent contenir des ingrédients décongelés : ne pas recongeler. Tous nos produits ne sont pas disponibles sur chaque point de vente : merci de vous référer à la carte du point de vente. Pour les produits disponibles avec option KENKO : la composition en allergènes est identique entre la version originale et la version au riz KENKO.
















**EN:** Allergen information has been established from data communicated by our referenced suppliers, we cannot exclude the presence of other allergens (traces) which may have appeared during the manufacture or handling of the products. Our products are not available at each point of sale: please refer to the menu of point of sale. Some of our products may contain defrosted ingredients: do not refreeze. For products available with the KENKO option: the allergen composition is identical between the original version and the KENKO rice version.

**Box by you :** La déclaration d'allergènes peut varier selon la composition choisie. Veuillez consulter chaque produit dans cette liste. / The declaration of allergens may vary depending on the composition chosen. Please see each product in this list.

## Légende/Legend:
















Titre du produit / Product title <sup>\*</sup>: Produits contenant E420: une consommation excessive peut avoir des effets laxatifs / Products containing E420: excessive consumption may produce laxative effects
















Titre du produit / Product title <sup>\*\*</sup>: Produits contenant E102: peuvent avoir des effets indésirables sur l'activité et l'attention chez les enfants/ Products containing E102: may have an adverse effect on activity and attention in children

	Arachides / Peanuts		Moutarde / Mustard
	Céleri / Celery		Œufs / Eggs
	Crustacés / Crustaceans		Poisson / Fish
	Fruits à coque / Nuts <b>(1)</b> : amandes/almonds <b>(2)</b> : noisettes/halzenuts <b>(3)</b> : noix de cajou/cashew <b>(4)</b> : noix de macadamia / macadamia nut <b>(5)</b> : noix/walnut <b>(6)</b> : noix de pécan/ pacan nut <b>(7)</b> : noix du Brésil/ Brasil nut <b>(8)</b> : pistaches / pistachio nut		Gluten <b>(9)</b> : blé/wheat <b>(10)</b> : seigle/rye <b>(11)</b> : orge/barley <b>(12)</b> : avoine/oats <b>(13)</b> : épeautre/spelt <b>(14)</b> : kamut/kamut <b>(15)</b> : autres céréales contenant du gluten/others cereals containing gluten
	Sesame		Soja / Soya
	Lait / milk		Sulfites / Sulphites
	Lupin		<b>Additionnel/additional:</b> Shiitake (champignon/mushroom)
	Mollusques / Molluscs		

Accéder à la table des allergènes numérique :  
Access the digital allergen table:



Categorie	FR: Produits	EN: Products	ALLERGENES/ALLERGENS														
			Peanuts	Celery	Crustaceans	Nuts	Gluten	Milk	Lupin	Molluscs	Mustard	Eggs	Fish	Sesame	Soya	Sulphites	Shiitake
																	
BOX ADRIEN CACHOT	Box Adrien Cachot *	Box Adrien Cachot *	X	X	X		X <sup>(9)</sup>	X									
	California Saba moutarde	California Saba mustard						X				X					X
	Maki Maguro cacahuète wasabi	Maki Maguro Peanut Wasabi	X											X			
	Spring Crevette Nanban	Spring Prawn Nanban		X	X		X <sup>(9)</sup>				X	X		X			X
	California Kimchicken	California Kimchicken		X			X <sup>(9)</sup>	X			X	X	X	X	X		
	Sushi crevette Koshou	Sushi prawn Koshou		X	X		X <sup>(9)</sup>				X	X			X	X	
	Tulipe Kuro Edamame *	Kuro Edamame Tulip *		X			X <sup>(9)</sup>			X	X	X			X	X	
Signature Maguro spicy	Signature Maguro spicy		X			X <sup>(9)</sup>				X	X	X	X			X	
SUSHI BOXES	Kenko mix	Kenko mix						X		X	X	X	X				X
	Happy sushi box	Happy sushi box		X			X <sup>(9)</sup>	X		X	X	X	X	X	X		X
	Sushi Box Du Moment	Sushi Box of The Moment		X	X		X <sup>(9)</sup>	X		X	X	X	X				X
	Little salmon mix	Little salmon mix										X	X				
	Little crispy box	Little crispy box		X	X		X <sup>(9)</sup>	X		X	X	X	X	X	X		X
	Little spring mix	Little spring mix						X		X	X	X	X				X
	Blackbox Classic	Blackbox Classic		X	X		X <sup>(9)</sup>	X		X	X	X	X	X	X		X
	Blackbox Gourmet	Blackbox Gourmet	X	X	X	X <sup>(2)</sup>	X <sup>(9)</sup>	X		X	X	X	X	X	X		X
	Box for 2	Box for 2		X			X <sup>(9)</sup>	X		X	X	X	X	X	X		X
	Box for 2 gourmet	Box for 2 gourmet		X	X	X <sup>(2)</sup>	X <sup>(9)</sup>	X		X	X	X	X	X	X		X
	Offre Sunday Club	Sunday Club Offer		X			X <sup>(9)</sup>	X		X	X	X	X	X	X		X
	Amazing Sunday box	Amazing Sunday box		X			X <sup>(9)</sup>	X		X	X	X	X	X	X		X
	Salmon addict box	Salmon addict box		X			X <sup>(9)</sup>	X		X	X	X	X	X	X		X
	Veggie box	Veggie box		X				X		X	X		X				X
	Amateur mix	Amateur mix						X				X	X				
	Salmon original	Salmon original										X	X				
	Sunrise	Sunrise						X		X	X	X	X				X
	Salmon Lovers	Salmon Lovers										X	X				
	Salmon Classic	Salmon Classic										X					
	Super Salmon	Super Salmon							X			X	X				
Fresh mix	Fresh mix		X			X <sup>(9)</sup>	X			X	X	X	X	X			
California Dream	California Dream		X			X <sup>(9)</sup>	X		X	X	X	X	X	X		X	
Option chou edamame	Cabbage Edamame Option												X	X			
Menu kids saumon	Kids menu salmon		X			X <sup>(9)</sup>	X			X	X	X	X	X		X	
Menu kids thon cuit	Kids menu cooked tuna		X			X <sup>(9)</sup>	X		X	X	X	X	X	X		X	
Yakitori boeuf fromage	Beef Cheese Yakitori					X <sup>(9)</sup>	X							X			
Yakitori poulet	Chicken Yakitori					X <sup>(9)</sup>								X			
Gyozas poulet	Chicken gyozas					X <sup>(9)</sup>						X	X				
Gyozas légumes	Vegetarian Gyozas					X <sup>(9)</sup>						X	X				
Curry crevettes tempura	Prawn tempura curry			X		X <sup>(9)</sup>				X		X	X	X		X	
Curry poulet katsu	Chicken katsu curry					X <sup>(9)</sup>				X	X	X	X	X		X	
Yakisoba Saumon	Yakisoba Salmon					X <sup>(9)</sup>				X		X	X	X		X	
Yakisoba poulet Katsu	Yakisoba Chicken Katsu					X <sup>(9)</sup>				X		X	X	X		X	
Yakisoba Crevettes Tempura	Yakisoba prawn tempura			X		X <sup>(9)</sup>						X	X	X		X	
SUSHIS	Sushi saumon	Sushi salmon										X					
	Sushi saumon teriyaki	Sushi teriyaki salmon					X <sup>(9)</sup>					X	X	X			
	Sushi Salmon Cheese	Sushi Salmon Cheese						X				X	X				
	Sushi thon	Sushi tuna										X					
	Sushi crevette	Prawn Sushi		X	X					X	X			X	X		
	Sushi yellowtail	Yellowtail sushi		X						X	X	X					X
	Maki concombre	Maki cucumber											X				
	Maki avocat	Maki avocado											X				
	Maki cheese avocat	Maki avocado cheese						X									
	Maki saumon	Maki salmon						X				X					
Maki salmon roll	Maki cheese salmon						X				X						
Maki salmon roll avocat	Maki avocado cheese salmon						X				X						
Maki thon spicy	Maki spicy tuna		X			X <sup>(9)</sup>				X	X	X					
Handroll crevette tempura	Handroll prawn tempura					X <sup>(9)</sup>				X		X				X	
Handroll fried chicken	Handroll breaded chicken		X			X <sup>(9)</sup>	X			X	X			X	X		
Handroll thon spicy	Handroll tuna spicy		X			X <sup>(9)</sup>				X	X	X					
Handroll saumon	Handroll salmon						X				X						
CALIFORNIAS / ROLLS	California KENKO poulet cajun	KENKO cajun chicken California		X								X	X		X		X
	California veggie	Veggie california		X								X	X		X		X
	California thon cuit avocat	California cooked tuna avocado									X	X	X	X			X
	California thon avocat	California tuna avocado										X	X				
	California saumon avocat	California salmon avocado										X	X				
	California salmon aburi roll	California salmon aburi roll						X				X	X				
	California saumon crispy onion	Salmon & crispy onion roll					X <sup>(9)</sup>	X				X	X				
	California chicken curry	California chicken curry		X			X <sup>(9)</sup>	X			X	X			X	X	
	California crevette tempura	California prawn avocado		X	X		X <sup>(9)</sup>				X	X		X			X
	California french touch	California french touch				X <sup>(2)</sup>	X <sup>(9)</sup>										
California tuna truffle	California tuna truffle		X							X	X	X				X	
SPRINGS	Spring chicken façon Caesar	Caesar Style Chicken Spring		X			X <sup>(9)</sup>	X				X	X		X	X	X
	Spring yellowtail basilimon	Yellowtail Basil Spring		X								X	X	X			X
	Spring crevette guacamole	Prawn Guacamole Spring			X						X			X			
	Spring concombre cheese	Spring cucumber cheese						X									
	Spring avocat cheese	Spring avocado cheese						X									
	Spring thon cuit avocat	Spring cooked tuna avocado									X	X	X	X			X
	Spring thon avocat	Spring tuna avocado										X					
	Spring saumon avocat	Spring salmon avocado										X					
Spring fried chicken avocat	Spring fried chicken avocado		X			X <sup>(9)</sup>	X				X	X		X	X		

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SPRINGS	Spring tataki saumon	Salmon Tataki Spring		X				X <sup>(9)</sup>				X	X	X	X	X	X
	Spring tataki thon	Tuna Tataki Spring	X	X				X <sup>(9)</sup>				X	X	X	X	X	X
SIGNATURES	Signature Nordic Flame Roll	Nordic Flame Roll Signature							X			X	X	X	X	X	X
	Signature color fresh	Signature color fresh		X								X	X	X	X	X	X
	Signature rock n roll	Signature rock n roll		X				X <sup>(9)</sup>				X	X	X	X	X	X
	Signature fire roll	Signature fire roll		X	X			X <sup>(9)</sup>				X	X	X	X	X	X
	Signature dragon roll	Signature dragon roll		X	X			X <sup>(9)</sup>				X	X	X	X	X	X
	Signature extreme fire roll	Extreme fire roll signature		X	X			X <sup>(9)</sup>				X	X	X	X	X	X
SASHIMIS / TATAKIS	Sashimi mixte thon saumon	Tuna salmon combo sashimi										X					
	Sashimi assortiment	Assortment sashimi										X					
	Sashimi saumon	Salmon sashimi										X					
	Sashimi thon	Tuna sashimi										X					
	Sashimi yellowtail	Yellowtail sashimi						X <sup>(9)</sup>				X			X		
	Tataki de saumon	Salmon tataki						X <sup>(9)</sup>				X			X		
	Tataki de thon	Tuna tataki						X <sup>(9)</sup>				X			X		
	Chirashi saumon	Salmon Chirashi										X	X				
	Chirashi mixte thon saumon	Mixed salmon tuna chirashi										X	X				
	Chirashi saumon avocat	Salmon avocado chirashi										X	X				
POKE BOWL / CHIRASHIS	Chirashi mariné	Marinated chirashi								X		X	X				
	Ceviche yellowtail	Yellowtail ceviche						X <sup>(9)</sup>				X		X			
	Poke bowl riz saumon detox	Detox salmon rice poke bowl								X		X	X	X			
	Poke bowl riz saumon aburi	Salmon aburi rice poke bowl		X				X <sup>(9)</sup>		X	X	X	X	X	X	X	X
	Poke bowl riz Fried Chicken	Poke bowl breaded chicken		X				X <sup>(9)</sup>	X			X	X				
	Poke bowl riz saumon teriyaki	Teriyaki salmon rice poke bowl						X <sup>(9)</sup>				X	X	X			
	Poke bowl veggie	Veggie poke bowl										X	X				
	Avocat	Avocado												X	X		
	Asperge verte	Green asparagus															
	Ananas	Pineapple															
ADD-ON	Base poke saumon teriyaki	Teriyaki salmon poke base						X <sup>(9)</sup>				X	X	X			
	Base poke saumon mariné	Marinated salmon poke base								X		X	X				
	base thon spicy	spicy tuna base		X				X <sup>(9)</sup>		X	X	X	X		X		
	base saumon thon mariné	marinated tuna salmon base								X		X	X				
	Concombre	Cucumber															
	Cacahuètes	Peanuts	X														
	Coriandre	Coriander															
	Ciboulette	Chives															
	Crevette ebi	Prawn ebi			X												
	Cream cheese	Cream cheese							X								
	Edamame écosés	Shelled edamame														X	
	Edamame en gousse	Edamame in pod														X	
	Fried chicken	Breaded chicken							X <sup>(9)</sup>	X						X	
	Légumes croquants	Crunchy vegetables	X													X	
	Mangue	Mango															
	Mayonnaise spicy	Spicy mayonnaise		X					X <sup>(9)</sup>		X	X					
	Menthe	Mint															
	Oignon rouge	Red onion															
	Oignon frits	Fried onions							X <sup>(9)</sup>								
	Oeufs de truite	Trout eggs										X					
	Riz vinaigré	Sushi rice											X				
	Riz nature	Plain rice															
	Riz kenko	Kenko rice															
	Roquette	Rocket salad															
	Saumon	Salmon										X					
	Salmon aburi	Salmon aburi									X	X	X				
	Sauce ponzu	Ponzu sauce							X <sup>(9)</sup>							X	
	Sauce teriyaki	Teriyaki sauce							X <sup>(9)</sup>							X	
	Sauce aux agrumes	Citrus sauce									X						
	Sésame	Sesame											X				
Thon	Tuna										X						
Yellowtail	Yellowtail										X						
EXTRA	Coleslaw wasabi ** / *	Wasabi coleslaw ** / *		X				X <sup>(9)</sup>			X	X	X	X	X	X	X
	Kit à dipper - Tokyo Fusion *	Dipping Kit – Tokyo Fusion *		X				X <sup>(9)</sup>			X	X	X	X	X	X	X
	Kit à dipper - Spicy Crunch	Dipping Kit – Spicy Crunch		X				X <sup>(9)</sup>			X	X	X	X	X	X	X
	Soupe miso	Miso soup										X			X		
	Salade de chou	Cabbage salad											X				
	Salade de carottes aux agrumes	Carrot salad with citrus dressing								X							
	Salade de concombre	Cucumber salad						X <sup>(9)</sup>		X		X	X	X			
	Salade d'algues	Seaweed salad											X	X			
	Sauce soja salée	Salty soy sauce							X <sup>(9)</sup>						X		
	Sauce soja sucrée	Sweet soy sauce							X <sup>(9)</sup>						X	X	
	Gingembre mariné	Pickled ginger															
	Wasabi *	Wasabi *									X				X		
	Wasabi peas	Wasabi peas							X <sup>(9)</sup>						X		
	Spicy sauce coupelle avec opercule	Spicy sauce cup with foil seal										X		X			X
	Crispy nori piment	Crispy nori sea salt							X <sup>(9)</sup>						X		
	Crispy nori BBQ	Crispy nori BBQ							X <sup>(9)</sup>						X		
Crispy nori piment	Crispy nori chili							X <sup>(9)</sup>						X			

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			Peanuts	Celery	Crustaceans	Nuts	Gluten	Milk	Lupin	Molluscs	Mustard	Eggs	Fish	Sesame	Soya	Sulphites	Shiitake	
DESSERTS	Mochi glacé saveur popcorn et caramel	Frozen mochi with popcorn and caramel flavor							X									
	Mochi ichigo piment	Ichigo and pepper ice mochi																
	Mochi cheesecake yuzu	Yuzu Cheesecake Mochi							X						X			
	Mochi ganache chocolat	Chocolate Ganache Mochi							X						X			
	Mochi glacé mangue-passion	Mango-passion fruit iced mochi							X									
	Mochi glacé noix de coco	Iced Coconut Mochi							X									
	Mochi glacé pistache	Pistachio Iced Mochi				X <sup>(8)</sup>			X									
	Bear Yoyo's fraise	Bear Yoyo's strawberry																
	Perles de coco	Coconut pearls					X <sup>(9)</sup>	X				X						
	Cheesecake	Cheesecake				X <sup>(1)</sup>	X <sup>(9)</sup>	X				X						
	Moelleux au chocolat	Chocolate fondant					X <sup>(9)</sup>	X				X				X		
	Mochi dubaï chocolat	Mochi dubaï chocolate				X <sup>(8)</sup>	X <sup>(9)</sup>	X							X			
Salade ananas	Fresh pineapple																	
Salade mangue	Fresh mango																	
BOX EVENEMENTIELLE / NOUVEAUTES	Box Le Petit Prince	Le Petit Prince Box		X	X			X <sup>(9)</sup>	X			X	X	X	X	X	X	
	Spring Renard	Fox Spring		X				X <sup>(9)</sup>				X	X	X		X		
	Maki Prince	Prince maki							X									
	Sushi Etoile	Star Sushi		X							X	X	X		X	X		
	California Rose	Rose Roll							X						X			
	Little veggie box	Little veggie box		X					X			X	X	X	X	X	X	
	Amazing Sunday box	Amazing Sunday box		X				X <sup>(9)</sup>	X			X	X	X	X	X	X	X
	Signature Box	Signature Box		X	X			X <sup>(9)</sup>	X			X	X	X	X	X	X	X
	Spring fresh	Spring fresh		X								X	X	X	X			X
	Sake cho chiku bai	Sake cho chiku bai																
Bubble tea litchi mango & Bubble tea peach strawberry	Bubble tea litchi mangue & Bubble tea pêche fraise																	
Cano still water, cano sparkling water,	Eau plate Cano, Eau pétillante Cano							X <sup>(9)</sup>										
KAYTEA Organic Ice Tea : Mango Yuzu White Tea / White Peach Green / Lemon Zest Black Tea	KAYTEA : Mango Yuzu White Tea / White Peach Green / Lemon Zest Black Tea																	
Lo bros Ginger & Lemon Kombucha & Lo Bros Raspberry & Lemon Kombucha	Lo bros Ginger & Lemon Kombucha & Lo Bros Raspberry & Lemon Kombucha																	
Innocent kids orange	Innocent kids orange																	
Coca-cola	Coca-cola																	
Asahi beer	Bière Asahi							X <sup>(11)</sup>										